

# GRAPEVINE

The newsletter for Hanover's residents



## Motherwell Marvels



A number of Board members visited Hanover's Baillie Court sheltered development in Motherwell recently. Chairperson Mike Martin told us:

"I was delighted to have the opportunity to visit Baillie Court today. I was struck by the number and variety of social activities that take place there and by the enthusiasm and support given by our staff, Sharon and Maria.

We met with residents Phil Salina and Alex Kelly while we were there. Phil started a fruit and vegetable garden on an empty patch of patio at the development seven years ago and

it has gone from strength to strength. After a long and varied engineering career, Alex enjoys creating model boats and planes in his spare time. He maintains a summer workshop in a shed in the grounds and a winter workshop in his home.

There is increasing evidence to show that being active is one of the most important things people can do to maintain physical and emotional health and well-being and as providers of housing and support, Hanover plays a key role creating the environment that encourages and allows people to continue to live independent and active lives as they age."

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## Welcome!

Firstly, our utmost apologies for the mistake in the crossword in our last edition. A number of you eagle-eyed readers spotted it very quickly and let us know. For those of you who sent in entries, we simply disregarded that particular clue and chose winners from the otherwise correctly completed submissions.

In this edition you will find plenty of Easter parties on developments, St Patrick's Day celebrations and even a wedding! Turn to page 15 to find out the name of our newest development and how new smoke alarm legislation will affect you.

With our fortieth year well underway, we have produced some themed goodies such as note pads and tubs of mints. We have also got little packets of seed sticks. Find out more about these and how to plant them on page 15.

If there is anything else you would like to see in future issues, don't hesitate to get in touch. The contact details are on the back page.

**Sara Stewart**  
Editor

# Around the houses



## Puzzling times at Rosemount Court

Pictured here is **Rosemount Court** resident and avid jigsaw fan **Alison Anderson**, who is often assisted by volunteer worker Alan Murdoch. The manager tells us she has lost count of how many jigsaws have been completed, with themes ranging from Coronation Street to time delayed jigsaws and traditional cottages.



## Granary Street afternoon tea

Several residents from **Granary Street** in **Huntly** went out for afternoon tea to Durn House in Portsoy, where they enjoyed excellent food and beautiful surroundings.





## St Patrick's Day shenanigans

Residents of **Eglinton Court** in **Saltcoats** and **Montgomerie Court** in **Ardrossan** got together to celebrate St Patrick's Day on 17 March. They enjoyed tea, coffee, cakes and sausage rolls. There were also plenty of lovely raffle prizes and children from the local nursery sang a few songs.

This resident from **Apsley Street** in **Glasgow** also took the opportunity to dress up for St Patrick's day!



## Broxburn cheque presentation

The local Masonic Lodge dropped in to present a £100 cheque to the green fingered residents of the development garden committee at **Hanover Court**. Be sure to send us some photos of your gardens for the September Grapevine!



## Dates for your diary

**Sunday 30 June:** Last day of the Step Count Challenge

**Thursday 1 August 2019:** Deadline for articles for Grapevine issue 91

**Thursday 26 September 2019:** Hanover's AGM, Edinburgh

**Friday 27 September 2019:** MacMillan World's Biggest Coffee Morning

If you have a maintenance emergency while our offices are closed, pull your alarm cord or press your pendant. Otherwise, call the Repairs Reporting Line on **0800 389 0477**.

If you have any other type of emergency while our offices are closed, pull your alarm cord or press your pendant. Otherwise, call the Hanover Telecare emergency number on **0345 604 4686**.

# Egg-cellent Easter festivities

There were plenty of spring flowers, chocolate eggs and amazing hats as Hanover residents celebrated Easter on their developments.



At **Hanover Court** in **Broxburn**, residents got together for a festive afternoon tea and showed off some egg-ceedingly good Easter bonnets.



Residents and staff at **Varis Court** in **Forres** looked on the sunny side and held an Easter Egg hunt in the development garden. This was followed by juice and chocolate and a wee sing along during a great afternoon of fun and laughter.

The overall winner of the hunt was resident **Elizabeth Nimmo**, who kindly shared her big Thornton's egg.



At **Langcraigs Court** in **Paisley**, new Development Manager Sarah Scott hosted a seasonal get together in the lounge and long term resident and good egg Jo Hannah baked delicious scones and cakes to accompany the sandwiches and savouries. Resident **Susanne Rooney** told us that everyone had a lovely happy time.



The Easter bunny made an appearance at **Regent's Place** in **Broughty Ferry** to distribute treats to the residents and wish everyone a very hoppy Easter.

Residents held a fabulous Easter Bonnet parade at **St Mary's Gardens** in **Barrhead**. **Marjorie**, pictured opposite in the yellow cardigan, was declared winner by judge David.







Resident **Catherine Cuke** was declared the winner of the egg-stra special Easter bonnet parade at **Sivewright Court** in **Kincardine**, with **Ann Crombie** as runner up. Residents enjoyed tea and cake served by **Jo Plant** and **Catherine Cuke**.

Thanks to **Bob Plant** for the photograph.



At **Aigan Court** in **Dufftown**, residents enjoyed a musical Easter Coffee Morning with great entertainment from the local primary school choir and wonderful support as usual from their local Coop ladies.

**Mr Eric Bamber** of **Elm Court** in **Milngavie** sent in this fabulous picture. He told us: "The ladies of Elm Court were really on form this Easter. Hats, ribbons and bows were the order of the day, and brought some magic to the residents' lounge. Out came the scissors, glue and ideas. It didn't take too long before bright designer style Easter Bonnets started to appear."

At the get together afternoon tea, the cakes, scones, biscuits all went down well, as did the modelling of the Easter Bonnets with prizes given for first, second and third most festive.

Two of our developments on the west coast got together for a lovely buffet, Easter bonnet competition and raffle. Residents from **Eglinton Court** in **Saltcoats** and **Montgomerie Court** in **Ardrossan** also enjoyed a good catch up.



At **St Margaret's Court** in **Edinburgh**, the residents held an Easter themed coffee morning. Around 25-30 residents, visitors and family members attended. The attendees enjoyed coffee, tea, easter cakes and gingerbread along with a lovely blether and a raffle. Everyone also went home with a gorgeous Easter bunny! A delightful occasion full of Easter fun!



# Tarves socialising

**Hanover Court** resident and social committee secretary **Jessie Simpson** has been in touch to tell us about the development's busy social programme. Residents enjoyed an afternoon of entertainment courtesy of Dennis Morrison and his accordion.

Pictured is knitting fan **Nellie** who made the best of the pattern we offered in a previous issue of the Grapevine and knitted a whole basket of Easter chicks. She sold the chicks locally to raise money and grateful residents presented her with a bouquet of flowers as thanks.



## A musical afternoon tea

At **Wallace Court** in **Lanark**, residents held a well-attended and enjoyable “posh afternoon tea.”

The music for the occasion was provided by a resident, **Mr John Sinclair**, on his keyboard.

## Keir Hardie fundraising

At **Keir Hardie Court** in **Bishopbriggs**, residents along with family and friends held a coffee afternoon to raise funds and awareness for Parkinson's UK. The well-attended afternoon raised a wonderful total of £428.45 for the charity.



## Forres Fundraiser

**Varis Court** resident **Elizabeth Nimmo** and the development's Moray College student **Helen Currie** assisted in selling items on a cake and candy stall at a Daffodil Coffee Morning to raise money for the social fund. Everyone enjoyed a great morning and raised a fantastic total of £404.25.



## Daffodil tea in Kelso

**Plenderleith Court** residents recently got together for a Daffodil Tea.





## St Mary's Gardens turns 35

Residents and staff gathered to enjoy a special buffet lunch to mark both Hanover's 40th anniversary and also 35 years since **St. Mary's Gardens** opened with everyone enjoying cake and an afternoon of dancing.

Manager Louise Muir told us: "It was lovely that everyone came together for a double anniversary celebration marking 40 years of Hanover (Scotland) and 25 years since **St. Mary's Gardens** opened its doors. I love working here and really enjoy helping our residents lead independent and active lives."

## Castle Douglas trip out

Residents of **Hanover Court** in **Castle Douglas** headed out on a trip to Hetland Hall Hotel on Good Friday to have afternoon tea.

Manager Fiona told us that the weather was brilliant and everyone thoroughly enjoyed themselves.

## Rosemount Court bingo

Bingo at **Rosemount Court** in **Carlisle** is a Tuesday tradition. The regulars **Isabel Martin, Jean Purdie, Marion Lannigan, Ann Henshaw, Isabel Wyber** and **Alison Anderson** are pictured here. The bingo caller is Margaret, the development's domestic and kitchen assistant, who gives up her lunch time every week.



## Dowding House BBQ

At **Dowding House** in **Moffat**, residents were quick to take advantage of a rare sunny day and decided to hold an impromptu barbeque. Many thanks to resident **Stuart Bond** who sent in the picture and told us that everyone enjoyed a happy afternoon.





## Burns Celebrations

Pictured here are residents and guests at **The Green** in **Aviemore** enjoying their Burns Lunch.

The residents of **Regent Place** in **Broughty Ferry** also organised a Burns celebration and as you can see from the picture, they addressed the haggis accordingly.

## Rainbows visit Airlie Gardens

One evening in March, Elaine Chalmers, Rainbow Leader, Sheena Sutherland, Tesco Community Champion, and the other Rainbow leaders brought their group to visit, chat with and entertain the tenants at **Airlie Gardens**.

Each Rainbow brought a gift for one of the tenants and they sang a number of traditional songs together including local favourite, The Tattie Song.



## A souper time at Baillie Court

Pictured here are some of the members of **Baillie Court's** soup kitchen. The soup kitchen closes from April – September as the cook, **Phil Salina** is also a keen gardener. Left over money in the kitty even allowed the residents to get a treat from the local take away, which was enjoyed by all.



## Elm Court pancakes

The residents of **Elm Court** in **Milngavie** organised a pancake day on Tuesday 5 March. The event was really well attended and this time it was free, to say thank you for the support for the other events held recently at the development.



Pictured are the four ladies known as the “eventors”, who organised the occasion.

## Varis Court Sensory Garden

The new sensory garden at **Varis Court** in **Forres** was completed in February this year and is now wheelchair friendly with raised beds. Pictured are residents and staff enjoying an Easter egg hunt.



## Making new friends in Armadale

Former **Tollgate House** Support Worker, **Debbie Nagle**, brought some of her new friends along to meet residents at the development and they all enjoyed a game of bingo together. Some of the members of the Livingston TAG Healthy Living Action Group, are pictured here with Tollgate residents **Frances**, **Peggy** and **Mary**.



## Wedding Bells at Tollgate House

Our congratulations to residents **Mr & Mrs Johnston** who were married recently at **Tollgate House** in **Armadale**.



## Apsley Street Coffee Mornings

Residents at **Apsley Street** in **Glasgow** get together for regular coffee mornings, which include quizzes and music discussions. They are a lively affair as you can see!

# Fundraising Daffodil Tea

Development Manager Maureen Wilson would like to say a big thank you to residents, family and friends at **Alexandra Court** in **Prestwick** for supporting their Daffodil Tea in April. The event raised £120 to go the Ayrshire Hospice.

It was a lovely afternoon which included a buffet lunch and raffle. Maureen also wanted to thank cleaner Mrs Sandra Kaminski for all the lovely décor and hard work she provides to make these events a little more special.



Pictured here is Lynn from Ayrshire Hospice receiving the cheque with residents, family and Mrs Kaminski.

# Banchory celebrates Hanover's 40th

At **Hanover Court** in **Banchory**, staff and residents held a coffee morning to mark Hanover's 40th anniversary.



# Harley Court Happy Hour

Residents and staff at **Harley Court** in **Falkirk** enjoyed a Happy Hour evening of music and dancing recently.



# Knitting big

Three residents of **Milnescroft Court** in **Fochabers** have taken up the Innocent Big Knit challenge and produced these fabulous little hats to raise money for Age UK.





## News and information

# Snippets



**We need you!** The Grapevine Editorial Group is looking for new members. The group meets four times a year in Edinburgh to consider each issue of the Grapevine and discuss issues relating to tone and content, as well as costs and editorial policy. If you are interested in becoming part of the group, please get in touch at [grapevine@hanover.scot](mailto:grapevine@hanover.scot) or on **0131 557 7437**.

**Age Scotland's** helpline provides information, friendship and advice through a confidential freephone number. The service is available for older people, their carers and families in Scotland from 9 – 5 Monday to Friday. You can call them for advice about:

- local services and opportunities
- benefit entitlements
- care rights
- housing options and heating
- legal issues such as Power of Attorney

They can also signpost or refer you to a specialist or local service which can help you, or an opportunity to get out and about locally. They also have a Community Connecting

service which aims to help connect callers with what is available locally. Their number is **0800 12 44 222**.

Are you **blethering** yet? You can chat with fellow residents all over Scotland or update us on events at your development on the Hanover Blether Facebook page. Just type Hanover Blether into the search box on your Facebook page and click through to join the group.

The **2019 Step Count Challenge** is well underway with 35 teams taking part in developments and offices across Scotland. Last year's winners, Wasted Potential from Varis Court in Forres managed an astounding final count of 4,833,606 steps, so you all know what you need to beat!

During April and May, we hold our most recent round of **Tenants' Focus Group** meetings. We were hosted by **Sinclair Drive** in **Glasgow**, **Hanover Court** in **Dunfermline** and **Glen Grove** in **Newtonmore**. The discussions covered issues including the decommissioning of housing support, an update from

Mark Farey on Hanover's programme of building and planned maintenance, new housing and fire safety regulations, an update from Elaine McCafferty on customer engagement including HEART, volunteering and development walkabouts, Wi-Fi, and other issues raised by individual residents.

If you would like a copy of the minutes, please call Susan Owens on **0131 557 7469**.

Calling all Hanover men! Many of you will already have heard of the **Men's Sheds** movement. A Men's Shed is a place open to all men over the age of 18, which is voluntarily run by the men where they can socialise and work on projects or hobbies, relax, have a laugh with new and old friends and be creative.

There are plenty of Sheds already established across Scotland but the Scottish Men's Shed Association is keen to help you to set one up in your area. To find out more about joining a shed or starting one up, ask your development manager for a leaflet, go to [www.scottishmsa.org.uk](http://www.scottishmsa.org.uk), email [info@scottishmsa.org.uk](mailto:info@scottishmsa.org.uk) or call **07397 382533**.

# Snippets

The new **reactive repairs contracts** have been awarded and we can confirm that our new term contract with Turner, MPS and R & J will begin on Monday 1 April 2019 for a period of 4 years. The new contracts cover Ayshire, North and South of Clyde, West of M77, Inverclyde, Paisley, Newton Mearns, Falkirk, Stirling, North and South Lanarkshire, East of the M74, East of the M77, East of Kingston Bridge, North and South of the M74, East of Ruchill, Maryhill and Possil.

The new contracts will be of great benefit to our tenants and will provide:

- Better value for money
- A more informed service – text messaging of appointments
- Efficient service – tighter timescales for completing repairs
- Easier to monitor contractor performance

Our work on a partnership with **Arklet Housing Association** is continuing.

The business case has been approved by Hanover's Board and we are looking forward to having the partnership finalised by November 2019.

Are we up to date with your **contact details**? Hanover is keen to be able to use text alerts to communicate with residents, particularly in relation to things like repairs. If you have a mobile phone, we would be hugely grateful if you would ensure that your mobile phone number is with us and kept up to date.

# It's just not on

The Scottish Fire and Rescue Service (SFRS) is highlighting the dangers of **white goods fires**. The Service is driving this safety message as new statistics reveal that fire crews were called to 327 white goods fires during 2018.

SFRA Deputy Chief Officer David McGown said:

“We have taken this step because the public needs to be aware of the potential dangers posed by the unsafe use of white goods. These new figures show that house fires involving white goods happen every week. Our message is clear. Use your white goods safely. Don't risk it. If you're out or asleep, it's just not on.

## 1. IF YOU'RE ASLEEP, IT'S JUST NOT ON

Don't leave appliances such as dishwashers, tumble dryers and washing machines running when you are sleeping.

## 2. IF YOU'RE OUT, IT'S JUST NOT ON

If you're not in make sure your appliances are switched off.

## 3. REGISTER YOUR WHITE GOODS

It only takes a few minutes on [www.registermyappliance.org.uk](http://www.registermyappliance.org.uk) to register the large

appliances we rely on every day. Registering your appliances makes sure you'll know if a safety issue is identified as manufacturers must contact owners if a fault is identified.

## 4. PRODUCT RECALLS

Look out for product recalls. Simply check out the list of products recalled on the Electrical Safety First website\* to find out if your product is listed as a recall item.

\* <http://www.electricalsafetyfirst.org.uk/product-recalls/>



# Hanover's Board marks 40th anniversary



The chief executive, chair and board of Hanover took some time out of a strategy session to celebrate the organisation's 40th anniversary with a slice of cake.

Our Chief Executive Helen Murdoch said: "I am very proud that Hanover Scotland has reached this 40-year milestone. Over a span of 40 years of unprecedented change and challenge, Hanover has always stepped up to meet these in innovative and creative ways. We have a

drive for quality which means we never stand still.

"We are proud to have served and helped improve the lives of our residents over the past 40 years and we are confident that this will continue into the next 40 years. I feel so strongly that it is not just about having a roof over your head: it is about helping older people develop a deep sense of belonging, by continuing to help eliminate isolation and loneliness, providing good quality homes, then building

that belonging in, by creating, supporting and connecting residents with vibrant local communities."

The overall responsibility for Hanover rests with our board and this currently comprises nine volunteers. We are currently looking to recruit some new board members to further strengthen our governance and are particularly keen to find people with surveying and ICT skills. Further details are available on our website

## Glowing report for Borders service

Hanover's care at home service for older people in the Borders has received glowing results following a recent independent inspection. The service scored Grade 5 (very good) across the board in an inspection report published by the Care Inspectorate.

The unannounced inspections by the regulator took place in December last year at the three developments at which the care at home services operate, Glenfield Court in Galashiels, Mercer Court in Innerleithen and Queen's Court in Jedburgh.

During the inspections, the Care Inspectorate accompanied support workers on care visits to meet people receiving care.

Comments from residents praised staff for being 'a good team' and 'all very helpful', with one person remarking that 'they can't do enough for you'.

## News and information

# New Smoke Alarm legislation

You may have seen items in the news recently about new legislation relating to smoke and heat detectors. The Scottish Government has reviewed its stance on smoke/heat and carbon monoxide alarms within your home and made some changes to the law. All homes will be covered by the new standard and it will be the property owner's responsibility to meet the new standard.

The new standard requires :

- One smoke alarm installed in the room most frequently used for general daytime living purposes
- One smoke alarm in every circulation space on each storey, such as hallways and landings
- One heat alarm installed in every kitchen

All alarms should be ceiling mounted and interlinked. There is also a requirement for carbon monoxide detectors to be fitted where there is a carbon-fuelled appliance (such as boilers, fires (including open fires), heaters and stoves) or a flue.

Freestanding alarms are no longer considered sufficient. The requirement is to have all alarms interlinked. You may not hear the alarm closest to the fire but, by having an interlinked system, you will be alerted immediately.



The regulations come into force in February 2021, meaning homeowners and landlords have until then to comply. However, installing alarms at the earliest opportunity, will provide improved fire safety in your home.

For tenants of housing associations, it is the landlords responsibility to make sure that your home complies with the standard and for the cost of meeting it. The standards will be monitored by the Scottish Housing Regulator, who may intervene as they deem appropriate for any non-compliance.

For home owners, compliance with the new legislation will also form part of any Home Report when you come to sell your property. Because this will be a minimum standard for safe houses, local authorities will be able to use their statutory powers to require owners to carry out work on sub-standard housing.

## Alarm call system not working?

**Did you know that if, for any reason, your pull cord or pendant isn't working, you can still get in touch with Hanover Telecare by calling us? On the rare occasion that this may happen, call the Hanover Telecare emergency line on 0345 604 4686. You can also use this phone number to report any fault with your system.**



# Do you have green fingers?

As part of our fortieth anniversary celebrations, we have some packets of matchstick seeds to give away. Each packet contains ten cardboard sticks impregnated with seeds. We have mixed herbs and mixed wildflowers.

You don't need a garden just a sunny windowsill. Plant the sticks in some damp soil and grow your own herbs or flowers, or both! The soil should be kept moist at all times, but not too wet — water should never be pooling. By contrast, watering your matchstick garden too little will also negatively affect its germination. Putting some plastic wrap over the pot you are growing them in can help, making a mini greenhouse which helps to keep the seeds warm and moist.



Your matchstick garden needs heat and light to grow. To start germination after matchsticks are planted, make sure the temperature is at least 60°F/15°C with a some bright sunlight. Often not enough light or not being kept warm enough is the cause of a disappointing matchstick garden.

I have planted a pot of each type of seed and I am now looking forward to seeing how they get on.

If you would like a packet of seeds, please speak to your manager or get in touch via the details on the back page.

## Introducing Loxa Court

Hanover's newest housing development now has a name.

Loxa Court was suggested by Elgin local Alistair McPherson, who was inspired by the Roman name for the nearby River Lossie. The development of 44 homes near the site of the old hospital at Spynie is set to open in the autumn.

Loxa Court was selected by the judges for its connection to the



history of the local area and the link to the community.

Adam Curry, director of organisational services at Hanover, said: "We had a number of excellent suggestions for names for our

new development but Alistair really hit the brief with his suggestion of Loxa Court.

"There is a clear connection to the local community and Loxa Court also reflects the history of the area.

"I would like to congratulate Alistair for his creative suggestion and look forward to welcoming him to the opening of Loxa Court later in the year."

# Happy Birthdays



**Mrs Henrietta Winchester**, of **Taylor Court** in **Keith**, celebrated her 90th birthday late last year. Mrs Winchester held a party in the Common Room with family, staff, and guests and many of the residents of the development.

She requested donations to the Chest, Heart and Stroke Foundation rather than gifts and raised the fantastic sum of £652. She presented the money along with fellow residents at the development coffee morning.



**Mrs Doris Austin** of **Hersbruck Court** in **Lossiemouth**, celebrated her 100th birthday with family, friends and neighbours in the development on the 26 April. She also went out for a meal with family and friends the following day at a local hotel.

She is pictured with Lord Lieutenant of Moray, Grenville Johnston OBE, who presented her with her card from the Queen, and Mr James Allan, a local councillor, who presented a card and flowers from Moray Council.

Mrs Austin said she had a fantastic weekend of visitors and celebrations, and is looking forward to the next one!

Mrs Austin also received a special gift from Fulham Football Club to celebrate her milestone birthday, a signed football shirt along with a card. She was also featured in their football programme for the game against Cardiff City in April.

**Nan Hamilton** of **Harley Court** in **Falkirk** is pictured here cutting her 70th birthday cake during her party in the development lounge at Harley Court on 3 March. Rather than presents, she requested donations and £225 was raised for The Lymphoma Association and Alzheimers Scotland.



**Mr Thomas Moffat** of **Westknowe Gardens** in **Glasgow** celebrated his 80th birthday on 17 January. His wife, Isabel, organised a lunch and tour of Celtic Park with family and friends.

Tommy, as he is known to all, played for the team in his younger days and knew more about the information provided on the tour than the actual tour guide. He was even asked to take the lead!





## From the Chief Executive

# Tackling Social Isolation



In Hanover's 40th year, I am delighted to report that the Association was invited to address delegates at the International Conference on Integrated Care in San Sebastian, Spain. Community Engagement Manager Ben Hallett and I were asked to take part in the conference and to present new, cutting edge research we have been undertaking, which puts Hanover residents at the heart of shaping our future housing and services. I am proud to say that Hanover was the only Scottish Housing Association to be invited to present.

I would love to tell you that we enjoyed some of sunshine while we were there but in fact it felt as though all of the rain in Spain fell on us over the two days!

Our premise for undertaking the research was simple. We know from our 40 years' experience as one of Scotland's leading providers of social housing that the needs of older people have changed radically, so we challenged ourselves by asking, 'how can we make sure we're providing the right services and how do we better involve residents in shaping those services in the future?'

We set ourselves the challenge of coming up with ways of tackling the growing problem of loneliness and social isolation in older people.

This question led to us undertaking detailed research in partnership with the International Foundation for Integrated Care Scotland and involved speaking directly to 70 residents at 26 developments across Scotland from Paisley to Grantown-on-Spey. I personally took part in the study and we have obtained wonderful information from all of the residents we visited. A huge thank you for all of this.

All of the information is very important as I want to help our residents live the lives they want. As an organisation, Hanover wants to promote their wellbeing, enabling them to live as healthy independent lives as possible and we will encourage and assist their participation and involvement as they choose in their communities.

We believe that personal and community resilience underpins this. This has been shown to help older people cope better in later life and we feel this must be a key

resource in our provision of an environment where our residents can flourish and achieve optimum wellbeing. Our project has great potential to develop and strengthen this.

At the conference, I was inspired to be with 1,300 representatives from across the world. I was particularly struck by the realisation amongst attendees that housing needs to be part of integrated care, alongside health and social care. But I was also frustrated that this hasn't been done and that the only examples were small and localised – exactly the same as in Scotland.

Countries seem to be at the same place on integrated care, giving Scotland the opportunity to become an international leader. When shaping its thinking for the future, this should begin with the fundamental questions:

- Who will be better off?
- How will they be better off?
- How will we know they are better off?

I intend for Hanover to remain at the forefront of this work.

**Helen Murdoch**

# Homes for rent

## Looking for a new home?

Do you know anyone who would be interested in moving into one of our developments? Or are you looking to transfer to another development?

Opposite is a list of developments where we currently have properties available to rent. If you or anyone you know is interested, please contact the area offices using the phone numbers or email addresses provided. We also welcome applications for areas not listed below. If you're interested in moving to an area not on this list, please still contact us as availability can quickly change and we may still be able to help. Our staff will be happy to take you through our application process, called Home for You.

Some of the properties we provide a factoring service for are available for sale on the open market. Please see our website or contact any one of our area offices for more information about buying a property managed by Hanover.

Please note that these details are correct at the time of writing but you can check our website for up to date information about vacancies <https://www.hanover.scot/looking-for-housing/>.

### East

Telephone 0131 557 7404, email [eastinfo@hanover.scot](mailto:eastinfo@hanover.scot)

Craigview, Bo'ness (sheltered)  
Rosemount Court, Carluke, (very sheltered)  
Sivewright Court, Kincardine (sheltered)  
Main Street, Slammanan (amenity)  
Broomlee Court, West Linton, (sheltered)

### North

Telephone: 01343 548585, email: [northinfo@hanover.scot](mailto:northinfo@hanover.scot)

Aigan Court, Dufftown (sheltered)  
Airlie Gardens, Banff (sheltered)  
Doune Court, MacDuff (sheltered)  
Glebe Court, Kingussie (sheltered)  
Hanover Court, Buckie (sheltered)  
Hanover Court, Tarves (sheltered)  
Taylor Court, Keith (sheltered)  
Woodside Court, Grantown on Spey (sheltered)

### West

Telephone: 0141 553 6300, email [westinfo@hanover.scot](mailto:westinfo@hanover.scot)

Baillie Court, Motherwell (sheltered)  
Main Street, Kilmaurs (amenity)  
McAlpine Court, Wishaw (sheltered)  
Nitshill Road, Glasgow (sheltered)  
Victoria Court, Lockerbie (sheltered)  
Callieburn Court, Bishopbriggs (very sheltered)  
William Turner Court, Locharbriggs (sheltered)  
Chantinghall Gardens, Hamilton (very sheltered)





# Contact us



Write to: **Sara Stewart, Editor, Hanover Scotland,**  
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Telephone: **0131 557 7437**

Email: **grapevine@hanover.scot**

The deadline for receipt of articles for Issue 91 (September 2019) of Grapevine is **Thursday 1 August**.

Our website features a wealth of information, including copies of important Hanover documents and contact details – go to **www.hanover.scot** for more information. You can read more about what Hanover residents are up to on our Facebook page – **facebook.com/hanoverscotland** and you can also follow us on Twitter (**@hanoverscotland**) Residents can also join the Hanover Blether Facebook group – go onto Facebook and type ‘Hanover Blether’ into the search box.

We can produce this newsletter in other formats, like braille, audio and large print. If you use email, we can also email the newsletter to you instead of sending a printed copy. This saves trees and postage costs. If you’re interested in any of these options, get in touch using the details above.

Legal information given in this newsletter is given in good faith and is based on Hanover’s understanding of the law. The accuracy of Hanover’s views is not guaranteed and readers seeking legal advice specific to their own circumstances should contact a solicitor or a Citizen’s Advice Bureau.

## Prize Sudoku

In honour of Hanover’s 40th anniversary year, we are offering a £40 prize for our Sudoku competition! As usual, your task is to fill the grid so that every row, column and 3x3 box contains each of the numbers 1 – 9. Once you’ve completed the grid, fill in your name and address in the spaces provided and send your details and the completed puzzle to us at the address above by **Thursday 1 August**. If your name is the first drawn out of the hat for each of the north, west or east areas, you’ll win £40. The correct grid from last time is below.

Name.....

Address.....

.....

Postcode .....

	7		5		6			
3		6	7		2			5
	9	5					7	
9	4				3			
						2	9	3
7	8		9					
				6			4	1
		4		7		9	6	
	5			1		8		

7	2	6	9	8	4	5	1	3
4	8	1	3	7	5	9	6	2
5	9	3	6	1	2	4	7	8
8	1	7	5	3	9	2	4	6
2	5	9	7	4	6	3	8	1
3	6	4	1	2	8	7	5	9
1	3	8	2	5	7	6	9	4
6	4	5	8	9	3	1	2	7
9	7	2	4	6	1	8	3	5

The winners of the last Sudoku competition were: **Kenneth C Nicolson** of **Holmehill Court** in **Dunblane** (east), **Miss Pauline Broadhurst** of **Milnescroft Court** in **Fochabers** (north) and **Mrs A McNiven** of **Cluny Gardens** in **Glasgow** (west). Congratulations!

# Prize Crossword

Once you've completed the grid, fill in your name and address and send your details to us at the address on the inside back cover by **Thursday 1 August**. If your name is the first drawn out of the hat for each of the north, east or west areas, you'll win £40!

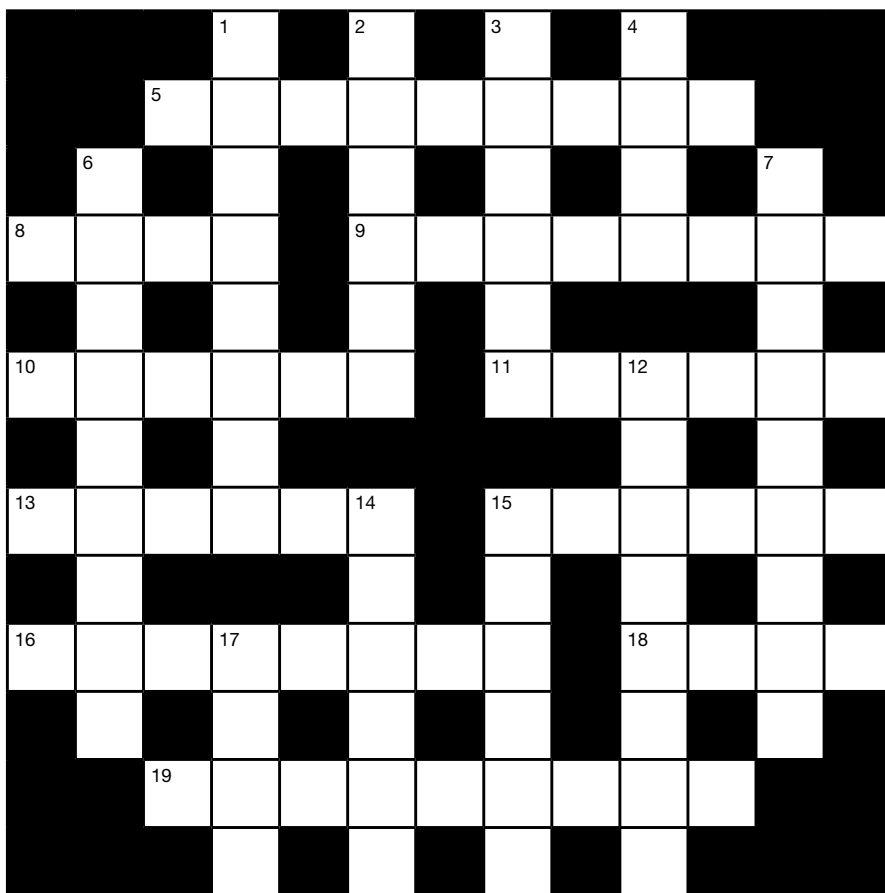
Name.....

Address.....

.....

.....

Postcode .....



## ACROSS

- 5 English city with a university founded in the 12th century (9)
- 8 A framework of lines for finding places on a map (4)
- 9 Involuntary responses (8)
- 10 Gas which is said to be earth's most abundant element (6)
- 11 Scandinavian country with a coastline indented with fjords (6)
- 13 Corrects or improves (6)
- 15 Common term for a violin (6)
- 16 Fish whose roe is made into caviare (8)
- 18 Chesspiece also known as a castle (4)
- 19 One employed to expose crime (9)

## DOWN

- 1 Knitted woollen garment named after a 19th century aristocrat (8)
- 2 The king of the fairies (6)
- 3 Term used in the days of the British Raj in India for a snack or light lunch (6)
- 4 Monster or giant of fairy tales (4)
- 6 Closeness (9)
- 7 A large round ornament worn as jewellery on a chain (9)
- 12 Theatrical family headed by Sir Michael (1908-1985) (8)
- 14 System of sound reproduction (6)
- 15 Having an end or limit (6)
- 17 Flightless South American bird resembling an ostrich (4)

The winners of the last crossword were: **Alister Bernard** of **Sivewright Court** in **Kincardine** (east), **Agnes Maxwell** of **Taylor Court** in **Keith** (north) and **Irene Fox** of **Keir Hardie Court** in **Bishopbriggs** (west). Congratulations!

The answers to the last crossword are:

**ACROSS:** 5 Barometer, 8 Brie, 9 Nicholas, 10 Barley, 11 Locust, 13 Almond, 15 & 15d Rovers Return, 16 Somerset, 18 Lung, 19 Evergreen

**DOWN:** 1 Waterloo, 2 Bounty, 3 Pencil, 4 Nero, 6 Broadloom, 7 Hamstring, 12 Cavalier, 14 Desert, 17 Envy