

Covid-19 Vaccine - your experiences:



Brian Elliot, Development Manager:

"I was invited for my first dose in January and the process couldn't have been simpler.

When I booked my appointment, the staff gave clear instructions about what would happen. My first vaccination was arranged on 10 January at the Borders General Hospital.

When the day arrived, I was only waiting for five minutes before being taken through to a cubicle.

The nurse really reassured me, explaining the process and possible side-effects, it really put my mind at ease.

If you have the opportunity to get the jab, then you definitely should. It really does make a difference."

Joan McPherson, Housing with Care Manager:

"I was contacted in January and my appointment was booked a week later.



The nurses take the time to ask questions and do everything they can to put your mind at ease.

The jab was relatively painless and they check that you won't have a reaction.

The whole process was so well organised and all the Covid-19 precautions were in place, so I felt very safe.

I'm looking forward to my second dose in April and I would strongly urge you to get the jab."



Marie Buchan,
Development Manager:

"My first dose of the vaccine was given in January.

What surprised me most was how quick and efficient everything was, it was all so organised.

You should try to arrive five minutes before your appointment though, as this gives you time to get registered.

The registration was easy and the nurses explain everything.

The vaccination experience is just like going for any other jab. You'll get a small scratch and that's it, the whole session is over in no time.

The opportunity to receive the jab is amazing and I would like to congratulate all the people who make it possible."



Rosie Menzies, Housing Officer:

"I was contacted just before Christmas by the local health authority in Moray.



My first dose of the Pfizer vaccine was given in January.

From start to finish, everything was really well managed, it helped to put my mind at ease.

I'm really looking forward to getting my second dose in April. The NHS has been working so hard to deliver, particularly in the Moray area.

Personally, I think unless you've got a valid reason, you should get the jab."



Stephanie McNally, Housing with Care Manager:

"My first dose was given in January.

I was a bit daunted at first, but I feel very privileged to have received my first jab.

My arm was heavy afterwards and I was tired in the evening, but all the side-effects were explained.

The rollout in Moray has been so successful and the rate of immunisations has been staggering."

Susie Cheeseman, Development Manager:

"I was contacted about the jab in January.



The staff are all really friendly and ask you about your any allergies.

The injection was completely pain-free.

They make sure you sit for 15 minutes so you don't react to the vaccine and then you can go.

I had an aching arm for a few days, but nothing serious. I would recommend everyone to get the vaccine.