THE 5 PILLARS OF WELLBEING: SOCIAL WELLBEING



Robert's Story









Robert's Story

11 years ago, Mr Robert Cowden of St Mary's Gardens in Barrhead returned to the very grounds where his working life

began.







Robert's Story

Once the site of St Mary's Convent,

Robert had spent 15 years as a gardener, caring for 24 acres of land.







Robert's Story

Today, Mr Cowden and his wife continue to be active members of the Hanover community.

They still enjoy catching up over coffee mornings, social events and even chauffeuring fellow tenants to the theatre!